

***“Children need many caring adults in their lives.”***

***“Young people need consistent messages  
from adults in their lives.”***

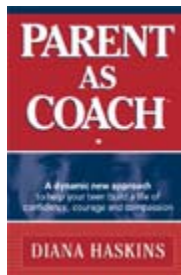
- quotes from 2002 Fairfax County School District message to the community

## **DO YOU WANT TO HELP?**

If so, then you'll want to attend this workshop:

### **PARENT as COACH**

**Helping Your Teen Build a Life of Confidence,  
Courage and Compassion**



**SEPT. 21, 2002  
8:30am – 12:30pm**

**Prince of Peace Lutheran Church  
8304 Old Keene Mill Road, Springfield, VA 22153  
\$79/ individual, \$125/couple**

Carey Coaching is pleased to sponsor Diana Haskins, author of Parent as Coach, for her only Washington, DC area training this fall. This invaluable 4-hour workshop shows parents how to stay connected during the teen years and how to use that connection to help their teenagers create lives of confidence, courage and compassion.

**PARENT as COACH** delivers modern-day coaching "tools" and gives you easy to understand skills and practices that help your teen:

- believe in themselves and their potential
- have control over healthy decisions for themselves
- uncover their positive values and create life-long standards
- feel a sense of optimism
- become motivated to contribute

**PARENT as COACH** features the SEVEN WAYS TO COACH YOUR TEEN:

Respect, Listen, Understand, Appreciate,  
Support, Promote Responsibility, and Nurture Independence.

**For more info/To register:**

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